



# **Spring Intensive Catalog 2022-2023**

Polaris K-12

Intensives are a wonderful opportunity to learn with other teachers and students. They will take the place of our regular classes from Wednesday, May 3rd through Friday, May 12th for elementary and May 3rd through May 23rd for secondary. Please read through this catalog and complete the [online registration linked here](#). Because there are a limited number of spaces in each class, it is necessary to fill out 3 different choices, as prompted in the registration form. All registrations received by March 10th will be given equal consideration. The deadline for all Intensive requests is March 10th, 2023.

Intensive confirmations will be available on March 23, 2023 in Secondary Student Connect → Schedule (Period: AM+PM, Days: N, Term: Q3), via Elementary Family Group communication, or Parent Connect.

**Once your Intensive is confirmed, you can pay the fee online at <https://parentconnect.asdk12.org/>  
Fees must be paid by Thursday, April 6th to keep your spot.**

Many of the Intensives cost money, but we do not want that to dissuade you from choosing the class you are most interested in. Our school works hard to raise scholarship money for students who might need assistance paying for your class. If you are in need of an Intensive scholarship, please fill out the [Intensive Scholarship Application](#). Scholarship applications are due Wednesday, March 29th by 8:30 AM.

Elementary Intensives offerings:

**Boredom Busters; K-2**  
**Mythical Creatures; K-2**  
**Beach Life!; K-2**  
**Hiking; K-5**  
**Ancient Egypt; 2-5**  
**Miniature Model Building; 2-5**  
**Outdoor Games; 3-5**  
**How To; 3-5**  
**Spy Craft; 4-7**

Secondary Intensive offering:

**Spy Craft; 4-7**  
**Spring into Algebra; 6-7**  
**Salt, Fat, Acid, Poem; 6-12**  
**Historical Fiction; 6-12**  
**Ukulele & Island Culture; 6-12**  
**Ceramics; 6-12**  
**Bike Anchorage 2023; 6-12**  
**Polaris Writing Project; 9-12**  
**Find Your Future; 11-12**  
**Bermuda; 9-12**

Teacher recommended grade levels are indicated. If you are interested in taking an Intensive that is not in your grade level, you may write a letter to the Intensive teacher explaining why you want to take that particular class and requesting permission to join it. Due to curriculum content, students will not be scheduled in intensives outside of their grade level without instructor permission.

# Elementary Course Catalog

## Boredom Busters

If you are looking for ways to keep yourself from getting bored this summer then this might be the intensive for you. We will spend our days using common household items to get creative, learn new things and engage in play. We will be outside a good portion of the time playing games and enjoying fun activities. This is a computer free intensive.

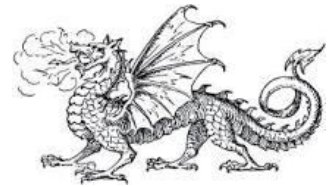
Fee: \$0

Grades: K-2

Teacher: Marie

## Mythical Creatures

Dragons! Fairies! Trolls! Elves! In our mythical creature intensive we will be reading, writing, making art, and exploring the outdoors as we learn about these mythical creatures.



Fee: \$25.00

Grades: K-2

Teacher: Jenna

## Beach Life!

The Beach Life! intensive is an opportunity to explore different elements of beaches, such as who (or what) lives on the beach and what are beaches made of? We will investigate recreational activities and conservation. Students will be learning through a variety of hands-on and researched-based activities including creating art inspired by the beach.



Fee: \$25.00

Grades: K-2

Teacher: Teagen

## Hiking

Welcome outdoor explorers! Grab your gear and let's go. We will be hiking on local trails and playing at parks. We will get creative with DIY nature projects, paracord knots, and more!



This intensive relies entirely on parent volunteers to transport and chaperone the field trips.

Fee: \$25.00

Grades: K-5

Teacher: Tess & Arika

## Ancient Egypt

Calling all Egyptologists! Come join the Ancient Egypt intensive to learn all about this fascinating period in history. We will explore the pyramids, learn about the pharaohs, investigate the process of mummification, and write in hieroglyphics. Come prepared to read, write, create, and explore!



Fee: \$25.00

Grades: 2-5

Teacher: Sarah

## Miniature Model Building

Ever wanted to design and build a model store? A model boat or car? A dream bedroom? If so, join me as we build a city within the classroom! Toothpicks, fabric, string, origami, popsicle sticks, paint, you name it - all used to design and build this city.

Fee: \$20.00

Grades: 2-5

Teacher: Zada

## Outdoor Games

Do you like to play baseball, kickball, sprout and other outdoor games? Well, this is the intensive for you. Rain or shine, we will be outdoors, so you must be prepared for the weather and wear appropriate clothing.



Fee: \$30.00

Grades: 3-5

Teacher: Keana

## **How To**

Wondering HOW to do some really cool stuff? How to make a mosaic? How to make a grilled cheese sandwich, sketch a landscape while cloud watching, play new card games, create exploding rockets, plant a perennial garden, or see a stage play? How about riding on a horse drawn wagon through the woods and roasting hot dogs (weather permitting)? If you enjoy new adventures and experiences, join Jess, Rachel and Faith this May for a rollicking good time!

Fee: \$100.00

Grades: 3-5

Teacher: Jess and Rachel

## **Spy Craft**

Code Breaking, Disguises, Gadgets, and Secret Missions await! Learn about the history, skills, and technology of Spies in this intensive.



Fee: \$25.00

Grades: 4-7

Teacher: Adam



# Secondary Course Catalog

## Spy Craft

Code Breaking, Disguises, Gadgets, and Secret Missions await! Learn about the history, skills, and technology of Spies in this intensive.

Fee: \$25.00

Teacher: Adam

Grades: 4-7

Credit: .5 Elective



## Salt, Fat, Acid, Poem

Play with your food! Apply a few simple guidelines as you learn to cook just about anything. We'll spend the first week, learning basic concepts and techniques as we prepare meals for our lunches. The second week we'll take a more experimental approach to our cooking as we introduce more variety and challenge students with unfamiliar ingredients. Dishes will be mostly vegetarian as students learn how to prepare healthy, inexpensive meals that taste great. Throughout, we'll take the occasional opportunity to write about our experiences.

Fee: \$70.00

Teachers: Bryan

Grades: 6-12

Credit: .5 Elective: Food Prep/Healthy Cooking

## Historical Fiction

Do you like to read tales of daring set in the distant or not-so-distant past? If so, have you ever thought of actually writing them? Now is your chance!



Historical fiction is a workshop in which students will examine a historical period or event through literature. Students will immerse themselves in a time period of European History through research and reading a novel set in that time period. Students will express what they have learned through writing a short story that demonstrates knowledge of a period or event.

Please note: This intensive will require self-directed students who are able to do a great deal of reading and writing.

Fee: None

Teacher: Larry

Grade: 6-12

Credit: .5 Creative Writing

## Spring into Algebra

Students will explore Pre-Algebra concepts to help them prepare for taking Algebra. A few of the topics that will be covered are: Graphing and Writing Equations of lines, Functions, Exponents, and Transformations. Students will learn about these topics by conducting experiments, playing games, being contestants on games shows, and solving a murder mystery. If students successfully complete the intensive (earn a B or higher), they will be recommended to take Algebra 1 during the 2023/2024 school year.

SPRING

Into

ALGEBRA

Fee: \$20

Grades: 6 – 7 (by invitation)

Teacher: Julia

Credit: .5 Math Elective

## Ceramics

A fast paced course in all things clay. You will be muddy up to your elbows. Instruction in the basics of using the potter's wheel, handbuilding techniques, glazing, firing, and other aspects of the ceramic process. More advanced instruction for previous ceramics students.

Fee: \$25

Grades: 6-12

Teacher: Kelly

Credit: .5 Art Elective

## Ukulele & Island Culture

Are you longing for the sounds and sights of the islands? Join us for the Ukulele Intensive where we will explore the music, dance, and foods of Hawaii (and some other Pacific islands). The focus will be on the musical styles, and the ukulele; its origins, history, place in modern culture.



Fee: \$20.00

Grades: 6-12

Teachers: Dawn & Mike

Credit: .5 Elective, Music Exploratory/Music Sp. Topics

## Polaris Writing Project

Join Mindi, Joe, and Dick in the Polaris Writing Project 2023. In this intensive, we will work through a variety of compositions ranging from creative pieces to technical writing. As a community of writers, we will explore story-telling, research based writing, and visual literacy focusing on writing for authentic audiences. This will be an intense writing experience. Students will be expected to take a minimum of four compositions through the writing process. Come ready to write! This intensive fulfills the Composition Workshop graduation requirement.

Fee: \$15.00

Grades: 9-12 (completed Int Comp)

Teachers: Joe & Mindi

Credit: .5 Comp Workshop

## Bike Anchorage 2023

Explore Anchorage's extensive bike trail system! There are more than seven major bike trails covering 45 miles. We will be covering basic bike maintenance, shared trail etiquette and safety, and day trip packing and nutrition with various guest speakers. Our bike mileage will increase daily, with an end goal of biking THE MOOSE LOOP!

Safety is our number one priority. Students are expected to adhere to all ASD behavior expectations on and off campus AND any additional safety regulations put in place to ensure the safety of the individual and the group. Disregard for personal/group safety will result in immediate action, likely resulting in removal from the intensive. We want this to be a safe and positive experience for everyone!



### Required equipment:

- ☐ Bike with gears (good working order and tuned up)
- ☐ Helmet (mandatory ANY time a student is on a bike)
- ☐ Day/Backpack with lunch/snacks/water
- ☐ Weather-appropriate clothing (moisture wicking and layers)
- ☐ Well-fitting bike appropriate shoes (no sandals)

### Optional, but recommended:

- ☐ Spare tube/tire; patch kit
- ☐ Hydration pack or water bottle with frame cage
- ☐ Small first aid kit
- ☐ High visibility clothing/reflectors
- ☐ Gloves (preferably biking gloves)
- ☐ Eye protection (sunglasses/clear lenses)

### Optional, for comfort:

- ☐ Padded bike shorts/tights
- ☐ Wicking jersey or top

Fee: None  
Grades: 6-12

Teachers: Christian & Heidi  
Credit: .5 PE Individual Rec Activities



# Find Your Future

This Intensive gives you the time and skills to develop a *solid plan* for your final year of high school and your first year of college, the work world, career training, or the military. This Intensive is for everyone. Get a head start and a competitive edge on scholarships, admissions, resume writing, securing internships, and preparing for the work world. Work with your peers to develop a *professional quality digital scholarship portfolio* and a *personal action plan* with your goals and objectives listed by date. Hear from professional financial advisors, state financial aid counselors, admissions counselors, and former Polarians that are currently attending schools all over the country. This is the place to ask the questions that you have about how it all works after high school, regardless of whatever direction you are headed. You will also be given the opportunity to take a practice SAT or ACT test with Frontier Tutoring here at Polaris. They will provide you with a detailed score report that highlights trends and patterns in your performance. Single class enrollments at other schools will be accommodated for this Intensive. Please check in with Jeff or Susy as soon as possible if that applies to you.

Fee: None

Teacher: Jeff Bevier

Grades: 11th and 12th Grade

Credit: .25 elective, .25 LA elective: Computer Fundamentals/Composition, Essay



# Ocean Science in Bermuda

Students will work with the Bermuda Institute of Ocean Sciences to study marine organisms and the dynamics that affect them. Students must have pre-enrolled in this intensive.

Fee: \$3750.00

Teachers: Andrea and Andrea

Grades: 9-12

Credit: .5 Science Elective

